



LA LECHE LEAGUE NZ WELCOMES CODE OF PRACTICE ON INFANT FEEDING IN THE WORKPLACE

Official guidelines requiring employers to provide facilities and breaks for women who want to breastfeed or express milk at work have been welcomed by the country's leading breastfeeding support network.

La Leche League New Zealand said the Department of Labour's Code of Employment Practice, which results from legislation passed in 2008, goes a long way to improving conditions for breastfeeding mums rejoining the workforce.

"In the past many women have prematurely weaned their babies when they returned to work, or delayed returning to work because of a lack of understanding over their breastfeeding needs. Now employers have specific guidelines they must adhere to when negotiating a breastfeeding arrangement with an employee," said LLLNZ spokesperson Barbara Sturmfels.

"It shows the Government recognises the enormous benefits of breastfeeding to society and the need to support women wanting to continue breastfeeding while they work," she added.

The Code includes practical advice on facilities, length and timing of breaks and resources and space for breastfeeding mums.

La Leche League is an international non-governmental not-for-profit non-sectarian organisation whose mission is to help mothers to breastfeed through mother-to-mother support, encouragement, information and education; and to promote a better understanding of breastfeeding as an important element in the healthy development of the baby and mother. There are around 50 groups across New Zealand with over 150 accredited Leaders supporting thousands of women every year.

www.lalecheleague.org.nz

For further information, please contact:

Lisa Manning, LLLNZ

Tel 07 826 4500 or 021 794 198,

lisa@apple.geek.nz