



Canterbury La Leche League Breastfeeding Study Day 2009

Breastfeeding Knowhow - Everyday and in Emergencies

Saturday 8 August 2009

St Stephen's Church, corner Emmett Street and Shirley Road, Christchurch

- 8.30–9.00am Registrations
- 9.00–9.15am Welcome and notices
- 9.15–10.00am **Keynote address**
Attachment theory in everyday life, *Lauren Porter (Centre for Attachment)*
- 10.00–10.30am Morning Tea
- 10.30am–12.00 Breastfeeding a Vital Emergency Response: Are you ready? *Carol Bartle (Coordinator Canterbury Breastfeeding Advocacy Service, Te Puawaianga Ki Otautahi Trust, lactation consultant, researcher, midwife, BFHI assessor, Member LLLNZ Board of Consultants)*
Breastfeeding and Mothering Toddlers – Ideas to hear and share, *Nicola McInnes (LLL Leader)*
- 12.00–1.00pm Lunch
- 1.00–2.00pm Sharing Sleep With Your Baby – Benefits and risks, *Susan Procter (LLL Leader)*
Canterbury Breastfeeding Peer Counsellor Programme – how can I be involved? *Marcia Annandale / Hazel McGregor (Baby Feeding Consultants, Rural Canterbury PHO)*
- 2.00–3.00pm Biological Nurturing, *Ruth Martis/ Lorna Davies (Midwifery Tutors CPIT)*
Could I Be a La Leche League Leader? – A session for breastfeeding women to discover more about the world of La Leche League, *Janine Pinkham and Susan Procter (LLL Leaders)*

Registrations: LLL subscribing members: \$25 / Non-members: \$40 – Registrations will be accepted on the day.

For more information contact Janine on Pinkham@ihug.co.nz Phone (03) 327 4535 Cell 027 226 9930

